

The Certificate/Diploma program is designed for Therapists, Educators, & Agents of Preferred Change. Both the Certificate & the Diploma programs help to prepare graduates for registration as Expressive Arts Therapists, though the Diploma Program includes supervision & verification of an art practice that more fully prepares graduates for REAT status.

Requirements for Certificate Program (105 hrs) at a glance:

- Attendance at 10 experiential workshops, 7.5 hours per workshop;
- Experiential workshops will take place on Saturdays (9 AM to 5:30 PM); with three 'extended weekend trainings' available (Friday, 12 noon to 8 PM & Saturday 9 AM to 5:30 PM);
- Certificate Students choose the weekends they attend, although a minimum of 10, 7.5-hour experiential workshops are required;
- Attendance/and/or viewing of 10, 2.5-hour per session, online training sessions (25 hours of online training in Foundations of EAT & Multimodal/Intermodal Practices);
- The Certificate/Diploma Program Training is limited to no more than 10 registered participants;
- This program will be infused with multimodal/intermodal expressive arts practices, accompanied by Inner Play Therapy Practices;
- Certificate Program students will be required to prepare & orchestrate an expressive arts experience for the program that will be accompanied by a written document (to be described during the training); &
- Certificate Program Fees are as follows: \$50 application fee; \$250 that includes online training to be paid at start of program; and \$100 per 7.5-hour workshop to be paid at time of workshop; totaling \$1300 for the Certificate training.
- There will be a \$15 fee for CE's that are available.

Requirements for the Diploma Program (115 hrs) at a glance:

- Attendance at 12 experiential workshops, 7.5 hours per workshop;
- Experiential workshops will take place on Saturdays (9 AM to 5:30 PM); with three 'extended weekend trainings' available (Friday, 12 noon to 8 PM & Saturday 9 AM to 5:30 PM);
- Certificate/Diploma Students choose the weekends they attend, although a minimum of 12, 7.5-hour experiential workshops are required;
- Attendance/and/or viewing of 10, 2.5-hour per session, online training sessions (25 hours of online training in Foundations of EAT, Multimodal/Intermodal Practices, & Legal & Ethical Guidelines for Practicing as an Expressive Arts Therapist);
- The Certificate/Diploma Program Training is limited to no more than 10 registered participants;
- This program will be infused with multimodal/intermodal expressive arts practices, accompanied by Inner Play Therapy Practices;

- Certificate/Diploma Program students will be required to prepare & orchestrate an expressive arts experience for the program that will be accompanied by a written document (to be described during the training);
- 200 hours of supervised clinical hours/accompanied by 25 hours of individual supervisory hours or 50 hours of group supervision, or a combination of the two, the details will be orchestrated with the Mindgarden Centre;
- Diploma students in the program will be required to produce a Case Study demonstrating their understanding and application of the materials learned in the program;
- Demonstration of an arts practice & involvement may be orchestrated with the Mindgarden Centre; &
- Diploma Program Fees are as follows: \$50 application fee; \$250 that includes online training to be paid at start of program; and \$100 per 7.5-hour workshop to be paid at time of workshop; totaling \$1500 for the Diploma training. Supervision Rates will be determined individually according to the preferences of each student AND supervision can be sought through REAT's outside of the Mindgarden Centre.
- There will be a \$15 fee for CE's that are available.

2019 Training Dates:

Jan: 1/19/2019

Jul: TBD

Feb: 2/9/2019

Aug: 8/24/2019

Mar: 3/30/2019

Sept: 9/28/2019

Apr: 4/26-27/2019

Oct: 10/26/2019

May: 5/28-29/2019

Nov: 11/16/2019

Jun: 6/8/2019

Dec: 12/13-14/2019

Domains of Learning

- *The Creative Imagination, Focusing, & Movement through the Arts (Multimodal & Intermodal Work as Embodied Processes) -*
- *The Visual Arts -*
- *The Intuitive Arts & Creativity-*
- *Inner-Play Practices -*
- *The Language Arts -*
- *The Performing Arts -*
- *Dreamplay -*
- *Personal Mythologies-*
- *Foundations of Expressive Arts Therapies, Multimodal/Intermodal Practices, & Ethical Guidelines for practice as an Expressive Arts Therapist (Online sessions & throughout the program)*

(* This program is designed to contribute towards each student's meeting the requirements to become an REAT through IEATA, under Category B.

(* When there is space available (less than 10 students committed to attending a workshop) the experiential workshops will be open to additional participants at a charge of \$125 per 7.5-hour workshop.

(* The online training sessions will be open to up to 15 additional students who are not in the Certificate/Diploma Programs for a charge of \$300 for the 25 hours of online training.

(* Faculty will include Dr. Sandra Penn, RPT, & Elizabeth Walker, MS, LPC, along with Dr. Deborah Armstrong, LMFT-S, RPT-S, REAT, REACE.

(* Students who wish to do so may elect to move from either program into either program. In other words, you may start off in the Certificate Program and move into the Diploma Program, or vice-versa if you choose to do so.

(* It is probable that a number of CE hours may be approved for mental health professionals and for Play Therapists. It is expected that all hours may count towards IEATA REAT Registration.

(* Snacks & light refreshments will be served at each workshop. Participants are asked to bring bag lunches/light meals with them unless otherwise notified by Deborah.

The MindGarden

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& Creative Renewal

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Deborah Armstrong, Ph.D., LMFT-S, RPT-S, REAT, REACE

3 Wonderwood Drive, Greenville, SC 29615

healingartdoctor@hotmail.com, 864-593-2752, www.themindgardencentre.com